

My This Simple Test

One Reason Why

CASCARA QUININE

Acts On The Spot

HEALTHY C. B. Q. Tablets are best by test. Try this simple experiment:

1. Drop a C. B. Q. Tablet in a glass of clear water.
2. Instantly the tablet begins disintegrating or "breaking up."
3. In 15 seconds the medicinal properties are thoroughly mixed with water.

Then, HERE'S C. B. Q. Tablets act immediately, give relief without delay and begin checking Colds and La Grippe long before ordinary tablets, by actual test, are absorbed by the stomach juices. To prove this, subject other than C. B. Q. Tablets to the test, and observe that in most instances up to 15 minutes is required for complete disintegration.

Demand C. B. Q. Tablets in red box bearing Mr. Hill's portrait and signature.

At All Druggists—30 Cents

W. H. HILL, CHICAGO, ILL.

HOPKINTON

Seventeen attended Sunday school at Hopkinton City last Sunday in spite of the bad weather which prevailed upon the storm of Saturday night.

During the storm Saturday evening the electric lights in the houses went out of commission before 9 o'clock. The street lights also were off part of the time. Charles L. Blake left Wednesday night for Sayre, Pa., for the remainder of the winter.

Mr. and Mrs. Frank Jackson have moved from the Carpenter house to a new house built for them.

Charles W. Jolley of Hartford spent Sunday with his family. His infant daughter was born Tuesday morning. Joseph Hubbard is getting along favorably with his recovery from the pneumonia which he has been suffering from since Sunday.

The moving pictures which have been shown in Ashaway hall this winter have been suspended, as the hall is not insured with a fireproof booth.

CUTICURA

CARES FOR YOUR HAIR

Nothing like shampoos with Cuticura Soap and hot water, preceded by touches of Cuticura Ointment to spots of dandruff and itching, to keep the scalp and hair healthy. They are ideal for all toilet uses.

Sample Book Free by Mail. Address: "Cuticura Laboratories, Dept. 120, Portland, Me." Send your name, address and a 3-cent stamp for the book.

ESKIMO PIE

Let the yellow signs lead you to this new delight. Experience this new pleasure today.

A wholesome confection, made of Venetian Ice Cream, heavily "crusted" with the best milk chocolate. It combines the vitamins of the Ice Cream with the calories of chocolate—supreme food values for everybody.

Your dealer will supply you with Tait Bros Eskimo Pies if you insist.

A TAIT BROS. PRODUCT

WESTERLY

The severe storm which swept over Westerly and surrounding towns Saturday, with a strong wind prevailing, put out electric lights and downed telephone wires in this section. It was the worst that had struck here for years, the storm continued until Sunday morning when it subsided leaving in its wake about ten inches of snow on the level. The trolley cars made trips Sunday but not on scheduled time.

John Pallozzi, of Pawtucket was being Judge Frank Hinckley Saturday, charged with conducting a gambling place on Noyes avenue. He pleaded guilty to the charge and was fined \$25 and costs amounting to \$36.50 which he paid.

T. A. Henderson has taken over the business of Edgar Sweet.

The Westerly fire department was called to Wakefield to assist that department in a \$100,000 fire when the King Town mansion was ablaze. The fire started Saturday morning. The new Abena Fox paupers was used and the Westerly company was the first to arrive at the fire and did great work.

Mrs. Wm. Rowe of Mt. Vernon, New York is visiting friends here.

Mrs. Gertrude Hall of Sayre, N. J., is visiting her sister, Mrs. J. Scott of Springfield.

Arthur Frechette returned to New London Monday after spending a few days here.

Mrs. Elizabeth Reynolds is critically ill with bronchial pneumonia at the home of her grandson, Harry O. Williams on Monroe street.

Sunday the new train schedule on the New York, New Haven and Hartford railroad went into effect. It doesn't affect Westerly much as the changes noted concern two trains only.

Mrs. Alfred Peats and two children of Mt. Vernon, N. Y., are spending the week here.

Charles Cowan, Jr., who underwent an operation is reported as improving.

The fourth quarterly conference of Grace Methodist Episcopal church were held Sunday evening at the church. District Superintendent Rev. W. H. Bath of Norwich presided. Reports from the different departments were read and showed the church to be in a very fine condition. It was voted that Mr. Stanley be invited to return as pastor for another year.

Following are the trustees: Stewards and committee chosen:

Trustees: B. R. Kenyon, W. G. Spargo, Stanley Edwards, Everett Kingsley, W. H. Simmons, W. H. Chapman, C. S. Fowler, W. R. Fowler, stewards, Elmer Osborne, W. L. Foster, John Parker, Benjamin Downer, W. G. Spargo, R. S. Cooke, Edgar Matthews, Everett Kingsley, H. H. Chapman, Thomas Chubburn, W. R. Fowler, Mrs. S. Lewis, Mrs. T. P. Nichols, Mrs. Gertrude Fowler, Mrs. J. T. Parker, Mrs. S. Simon, Mrs. Albert S. Parker, Mrs. R. H. Barker, Mrs. Alice Gentry, Miss Alice Payne, Miss May Francis, Mrs. Eva Casey, Mrs. Katherine Scott, John Hoar, R. W. Munsell, Wm. Whitaker, treasurer, W. R. Fowler, recording secretary, Alice Payne, district steward, Mrs. J. Parker, reserve district steward, Paul W. Munsell, communion steward, Mrs. W. Hooker, frier of appeals, Ben. Downer, delegate to Willimantic Camp Meeting, Paul W. Munsell, president of Ep-

MYSTIC

The funeral of Miss Mary Auguste Wheeler, daughter of the late Hiram and Mary Wheeler was held Sunday afternoon at the home of her brother, Elias B. Wheeler, with whom she had lived for many years. The service, which was private, was conducted by Rev. George H. Miner. Burial was in Elm Grove cemetery.

Miss Wheeler was in her twenty-second year and had lived in this village all her life, having attended the Quabbin schools where she made many friends. She was of a kindly and pleasant nature and well liked by those who knew her. She was a sister of the late Judge Ralph Wheeler of the superior court of New London.

Friends of Miss Lena Foster, who formerly resided here and conducted a millinery business for many years on West Main street, passed to leave soon for New London where she will live with her daughter, Mrs. George Foster, near Westerly.

At a meeting of the Christian Endeavor society of the Congregational church Sunday evening a stereoscopic lecture entitled, "Four Thousand Miles Through Africa," written by Dr. Cornelius Patton, secretary of the American Board of Foreign Missions, was read by Joseph G. Tyler. It was well illustrated by lantern slides which gave an excellent idea of life in Africa and the work the church is doing in that field.

Charles Rippell, son of Mr. and Mrs. John Rippell is seriously ill at his home on East Main street.

Sunday night shortly before six o'clock an alarm was sounded, fire having been discovered in a small building belonging to E. C. Paige on his property on Church

STONINGTON

Stonington was hard hit by the heavy fall of snow Saturday which continued part of Sunday, causing the borough to be in darkness, all electric service being cut out of order here. The snow plows of both the trolley lines and the highway department were out in good time Sunday, keeping the tracks clear, and road smooth. Telephones were out of order all over town, and people got out of doors only as they were obliged to. The sun of Monday helped melt the snow a little but a good coating is still left here.

The Stonington chorus plans to hold a concert during Easter week. There are about 70 members in the organization.

Wednesday evening Dr. Weeks is to address the Harbor club at New London. His topic will be Pen and Ink Friends.

A meeting of Nine council, D. of L. is to be held in K. of C. hall Wednesday evening.

John Vincent and family have moved from Orange street to Field street.

Leon Young of Mooson spent the week and with Mr. and Mrs. Nathan Jones, on Summit street.

Leon James of Hope Valley was a caller here over the week-end.

RED PEPPER HEAT

ENDS RHEUMATISM

Red Pepper Rub takes the "ouch" from sore, stiff, aching joints. It cannot hurt you, and it certainly stops that old rheumatism torture at once.

When you are suffering so you can hardly get around, just try Red Pepper Rub and you will have the quickest relief known. Nothing has such concentrated, penetrating heat as red pepper. Just as soon as you apply Red Pepper Rub you will feel the tingling heat. In three minutes it warms the sore spot through and through. Pain and soreness are gone.

Ask any good druggist for a jar of Rowles Red Pepper Rub. Be sure to get the genuine, with the name Rowles on each package.

street, where Mr. Paige had some ham in process of smoking. The fire was discovered before it had gained much headway and the damage was not great except to the ham which was destroyed by the chemical used to subdue the fire.

Miss Mary A. Kikenny has resumed her duties as stenographer in the Mystic River National bank, after spending Sunday at her home in Norwich.

Mrs. N. S. Gates is visiting in New York.

Miss Louise Paige has returned to Milford after spending Sunday at her home in the village.

Miss Eleanor Davis has resumed her studies in Boston after a short vacation at her home on Reynolds Hill.

Miss Lillian Miner of Providence has been a recent visitor here.

Mrs. John Rippell and son Clarence of Westerly were visitors here Sunday and Monday.

Mrs. and Mrs. W. E. Allen and son Rogers have returned to Providence after a visit with Mystic relatives.

Charles E. Wheeler has returned from a business trip to New York.

Mrs. Lydia Perkins has returned to her home in Uncasville after a visit with local relatives.

Mrs. Phoebe Ford who has been confined to the house by illness, is improving slowly.

Miss Marion Gray of New York is the guest of her parents, Dr. and Mrs. W. H. Gray.

Mrs. and Mrs. Frederic Denison are in New York where Mr. Denison has gone for treatment to his eyes.

NORTH GROSVENORDALE

H. H. Ellis, director of the state trade school of Putnam, was the speaker at the morning assembly of Tourtelot Memorial High school Monday. His subject was "Trade Education; Its Purpose and Place in the Educational Program."

Mr. Ellis traced the development of trades down through the ages and pointed out how they had progressed with civilization. He closed his informal talk with a brief history of the trade school at Putnam.

The first girls' team of Grade VIII defeated the second girls' team of Grade VIII in basketball the past week, 4-25.

At the meeting of the Science club last Friday Wilfred Duquette, secretary of the club gave a stereoscopic lecture on "The Mining of Metals." Mr. Duquette's first slides showed the mines where the metals were found, the blast furnaces and the methods of bringing the metal from under the ground to the surface. Pictures were then displayed of mining towns and villages in Pennsylvania, Montana and Mexico. Views showing the use of the metals, making the ore into bars and blocks, packing it into cars and shipping it added much to the interest of the lecture.

Last Wednesday evening Kilmory High school defeated T. M. H. S. in basketball 45-20. Although the visitors were defeated the Tourtelot boys played well. Captain Livingston scored for his school, carrying 18 points. Reeves and Keach starred for Kilmory. The lineup follows:

K. H. S.—Longo, Williams, left guard; Blinnod, Corbin, right guard; Back, Keach, center; R. Reeves, left forward; Bliskely, G. Reeves, right forward; T. M. H. S.—Livingston, right forward;

BALTIC

Jonas Luder, 35 years of age, one of the oldest residents of this village, went skating during the past week and surprised everyone who saw his spryness.

Word has been received that Mrs. Jean Dunais of Pawtucket, R. I., formerly of this village, died during the latter part of last week.

Melville Cole of New Haven is spending a few weeks with his mother, Mrs. Elsie Cole.

Miss Dorothy Rochelleau is visiting her uncle, George Rochelleau, of Jewett City. Arthur Houle of River street has gone to Three Rivers, Canada, for a trip of some length.

Francis Lynn has entered the employ of George Morin.

Joseph D. Pratte and daughter, Marie Jeanne, of Bayville, go out the week end with Mr. and Mrs. Severin Pratte of Willimantic road.

Miss Gloria Lacroix of Danielson is at her father's home for a few days.

Mrs. Louis Elbeault is slowly recovering following a recent illness.

The dance in the club hall Saturday night was well patronized.

The town school committee held its January meeting Saturday afternoon in the fire department's room in the town hall building.

Mrs. Hormigas Bienvenue and son Hormigas are in Canada, attending the funeral of a relative.

Wilfred Blaine of Tatfield visited his parents on Willimantic road Sunday.

James E. Vickridge, 98, of Hanover, who died Friday, was one of the oldest voters on the voting list of the town of Sprague.

Thomas Simons has concluded his duties at the Shetucket Woolen Mills, Inc., and has gone to work for a Worcester firm.

Mrs. Jean R. Duhalme, who died in

Sealdsweet

Grapefruit and Oranges

A juicy grapefruit or orange is a heavy one for its size. Whatever the color or the dimensions of these fruits, you can select the juicier specimens by picking out the heavier ones.

The many appetizing and health-helping qualities of grapefruit and oranges are found in the juice. Therefore, when you buy the juicier and heavier fruits you are sure to get more for your money.

Buy Sealdsweet fruits. Florida grapefruit and oranges are the juiciest grown, owing to favoring conditions. Sealdsweet Florida fruits are dependably juicy, whatever the color.

Tree-ripened, Sealdsweet grapefruit and oranges can be secured by your fruit dealer and he will furnish them to you if you insist. Let the Sealdsweet trademark be your guide in buying and you will get juicy, heavy, delicious grapefruit and oranges.

A Gift Book

"Florida's Food-Fruits"

Handsome and beautifully illustrated book of tested recipes for the use of Sealdsweet fruit in many ways. You may have gift copy by sending your name and address.

FLORIDA CITRUS EXCHANGE

CITRUS EXCHANGE BUILDING

TAMPA, FLORIDA

FLORIDA

the Backus hospital following automobile injuries, and her daughter Louise, who is dangerously ill at the hospital, were assumed residents here a few years ago.

Monday morning at 9 o'clock Arthur Bastien and Miss Adella Provencher were united in marriage by Rev. Father Adolphe Jabbert in the Immaculate Conception church. After a honeymoon trip they will make their home here. Mr. Bastien is employed at the Baltic Mills Co.

Sophie Isakzyk and Tony Jezersky have sold their farm, known as the James Vallette place, to Sam Horowitz of Hanover.

WEST KINGSTON

Everett J. Bateman of Wakefield was in this village last week taking the census.

Mrs. Frank May and Master Horace spent Thursday and Friday last with relatives at Wakefield.

Mrs. Andrew J. Peck of Seekonk spent last week with relatives here.

Mr. and Mrs. J. L. Briggs spent Sunday with relatives at Arctic.

Mrs. Annie K. Webster and Miss Mildred Webster spent Saturday in Providence and attended The Hat in the afternoon.

James S. Lamond was a recent caller in this locality. Mr. Lamond is one of the school committee and has charge of this school, looking after its needs.

The Why and How club met at the courthouse Thursday afternoon last. Eleven members and two visitors were present. Mrs. Oliver Watson read a very interesting paper on Fire and its Prevention.

Wednesday of this week the W. C. T. U. is to meet with Mrs. Emma Woodman.

S. C. Webster, Jr. of Westerly spent Sunday with relatives in this village.

R. H. Bristol is suffering from a severe cold.

Thomas Steadman of Glenrock is very ill.

Marriage will often sober a man who is intoxicated with love.

Money Cannot Buy a Better Medicine Than

Our famous Cod Liver and Iron Vinol

For a hundred years the medicinal elements contained in the cod's liver and oil have been regarded as the safest and best strength and body building medicinal agents known.

Many people however—especially children—cannot take cod liver oil because of the nauseating oil.

In Vinol they get all the medicinal value of cod liver oil and emulsions in a delicious tasting form and entirely free from oil—agreeable to the most delicate stomach—therefore it is better.

Vinol is better than anything you can take to create strength or end a cold because it contains not only the curative body building elements of cod liver oil (without oil), but glycerophosphates and vegetable iron—the three greatest tonics known—besides other valuable ingredients, all named on the label.

Read the wonderful testimonials we are publishing in this paper almost every day, then get a bottle of Vinol on our guarantee.

We agree to help you with Vinol or return your money.

Sealdsweet

Grapefruit and Oranges

Rich in Food and Health Values

The value of grapefruit and oranges, in calories or fuel units of food, has been amply demonstrated by medical and scientific research.

Now science has found these fruits equally rich in vitamins, the food elements essential to the perpetuation of life, vitamins making other food constituents available to the system.

It is the juice of grapefruit and oranges that contains the calories and the vitamins. Sealdsweet Florida fruits are heavy with juice, indicated by weight, hence their usefulness as food and for maintaining health.

FLORIDA CITRUS EXCHANGE

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